

## Recommendations for the New Coronavirus (COVID-19) for International Travelers from High-Risk Zone Countries

What should travelers from high-risk countries do to protect themselves and others from the new coronavirus?

If you are traveling from a high-risk country (China, Iran, Italy, South Korea), you should follow the following rules of behavior and hygiene:

### While on the plane:

- Complete a special questionnaire about your travel history;
- It is necessary to wear a mask on board, which must be replaced every two hours with a new mask, and the old one put in the waste park.
- Strictly follow the rules of personal hygiene:
  - ✓ Wash hands with soap and water before eating, or use alcohol-based handrub solutions;
  - ✓ After using the toilet, wash hands with soap and water, or use alcohol-based handrub solutions;
  - ✓ Avoid close contact with people with fever and cough;
  - ✓ Avoid frequent touching of the nose, eyes and mouth.

### At the airport:

- You will undergo thermal screening with a thermoscanner (which will go unnoticed for you), or with a remote thermometer;
- An Epidemiologist of the Revenue Service will also fill in a newsletter (with an in-depth interview with you).

### In case:

1. You have a temperature of 37.5 and above, cough and have travelled for the last 14 days to countries with a high prevalence of the virus, you will be transported to an infectious hospital with the help of an ambulance, where you will be tested in order to exclude a new coronavirus. To do this, they will pick up throat swab and send it to the Lugar Laboratory, from where the research response will be known no later than 12 hours. You will be discharged from the hospital if the clinical signs of the disease are not present and / or the laboratory results are corrected.

2. If you have no temperature but have other signs of acute respiratory tract infection (cramping, weakness, etc.) and in addition, you have been in contact with a confirmed or suspected case of COVID-19 for 14 days before your symptoms began, or were working in or visiting a medical institution where confirmed or suspected cases of COVID-19 were being treated, you will be transported to an infectious hospital with the help of an ambulance, where you will be tested in order to exclude a new coronavirus. To do this, they will pick up throat swab and send it to the Lugar Laboratory, from where the research response will be known no later than 12 hours. You will be discharged from the hospital if the clinical signs of the disease are not present and / or the laboratory results are corrected.
3. If you have no temperature and no respiratory problems, but you have been in contact with the infected person for the past 14 days and your “contact” status has been determined through a research carried out by epidemiologists, in such case you will be subject to two weeks of isolation:
  - a) If your place of residence meets the requirements of self-isolation, you will be sent home after having been instructed appropriately where an epidemiologist will periodically monitor you.
  - b) In other case, you will be transferred to the quarantine zone designated by the Ministry, where an epidemiologist will periodically monitor you.

**For more information you can call:**

**1505** (24/7) - Ministry of Internally Displaced Persons from the Occupied Territories, Labour, Health and Social Affairs of Georgia or visit [www.moh.gov.ge](http://www.moh.gov.ge); <https://www.facebook.com/mohgovge/>

**116001** (Monday-Friday, 10: 00-18: 00) - National Center for Disease Control and Public Health or visit [www.ncdc.ge](http://www.ncdc.ge); <https://www.facebook.com/ncdcgeorgia/>

**Protect your health and the health of people around you!  
Each person’s responsibility is important!**

**Wish you health!**